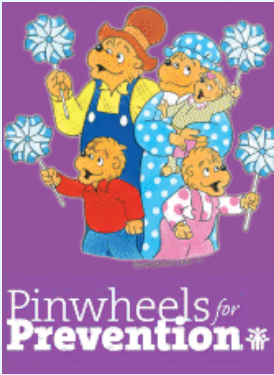


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- *Dr. Haim Ginott*



Family Support NH Weekly Newsletter

April 6, 2010

This week in the newsletter, you can find information regarding a survey exploring concerns and challenges that parents of young children confront today, a letter from Michelle Duda regarding the Science and Service Awards, a video on what the Child Welfare Gateway is all about, The Presidential Proclamation on National Child Abuse Prevention Month, a link to “Something Inside so Strong”, information on the YWCA’s Stand Against Racism, a grant opportunity, a letter from the family resource connection, information from the CDC on a parent portal for safe and healthy children, and a link to information regarding the annual DCYF Conference. I think that this will be enough for this week! You have lots and lots of information to check out! I hope you enjoy! Remember...the Legislative Luncheon is only a week away so don’t forget to RSVP if you haven’t done so already! Thanks, Danielle

KEY FINDINGS FROM A 2009 NATIONAL PARENT SURVEY: IMPLICATIONS FOR INFANT-TODDLER PUBLIC POLICY

Hart Research Associates conducted a national public opinion poll of 1,615 parents of children age birth to three years for ZERO TO THREE in June, 2009. To ensure the sample included a full range of individuals who are parents of children age birth to 36 months, Hart Research Associates used a mixed technology, employing both telephone (604 phone interviews) and Internet survey technologies (606 on-line interviews). Based on United States Census data, the sample is representative of parents of children ages birth to three years old, as it pertains to basic demographic characteristics such as race, ethnicity, age, and educational attainment.

The survey was designed to explore issues and challenges that parents of young children confront today, where gaps in knowledge of early development exist, identify what sources of information and support these parents turn to, and what factors influence their approach to parenting. Many of these survey findings have implications for policies and programs for infants, toddlers and families. Highlights include:

Child Care and Development Block Grant (CCDBG)

A significant portion of parents rely regularly on someone else to care for their child and most parents are satisfied with these arrangements. Half of parents (51%) have a regular caregiver for their child other than themselves or their spouse or partner and these parents most frequently rely on a family member to provide child care.

- 23% of parents rely on a child’s grandparent
- 14% use a child care center
- 9% rely on a family member other than the child’s grandparent
- 4% use in-home child care

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The economic downturn has forced millions of parents to make a change in their child care arrangements. According to a national survey, one in four parents (25%) are experiencing child care-related hardships that they attribute to the economic downturn. The most common ways in which parents reported the economic downturn affecting child care included:

- Not being able to afford child care (21%)
- A spouse who has lost a job assuming additional child care duties (11%)
- Cutting back on child care hours (10%)
- Making other child care arrangements (7%)
- The price of child care increasing (5%)
- Changing work schedules or splitting shifts to be able to care for the young child (5%)

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Substance Abuse and Mental Health Services Administration (SAMHSA)

Although the majority of parents understand some important ways to promote development, their understanding of the developmental milestones related to social and emotional development is less consistent.

- While research shows that most children are capable of feeling good or bad about themselves between ages one and two, only 43% of parents think a child is capable of such feelings by age two. A majority of parents (53%) do not think a child can experience these feelings until they are older.
- Although research shows that babies as young as 6 months can experience feelings of sadness and fear, a large majority of respondents (69%) think this developmental milestone occurs later in a young child's life.
- Only 34% of parents think a young child can begin to sense whether their parents are angry or sad and can be affected by their parents' moods by the time they reach six months. Therefore, two-thirds of parents do not fully understand that babies can be affected in this critical way at such a young age.

- Between the ages of three and five most children develop the capacity to control their emotions (i.e. asking for help when frustrated rather than having a tantrum or biting). While slightly more than one in three parents hold this expectation, a significant proportion of parents expect a young child to be capable of exerting this kind of self control at a much younger age. 43% of parents believe that children can control their emotions by age three, and 20% expect this by age two.

The Safe Babies Act

We know that family history and input from professionals have a powerful influence on approaches to parenting.

- More than half of parents (53%) say the way their parents raised them has a major influence on their approach to parenting and another 30% say it has a moderate influence.
- African Americans are substantially more likely than Hispanic or white parents to identify the way they were raised as having a major influence on their approach to parenting – 61% of African-American parents report this compared with 52% of white parents and 49% of Hispanic parents.

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- Parents who are single, separated, or divorced (48% say major influence), and Hispanic parents (40% major influence) are more likely than others to identify input from professionals as a major influence on parenting.

Dear Colleagues,

As you know, starting in 2007, SAMHSA created the **Science and Service Awards** as a **national program** to recognize community-based organizations and coalitions for exemplary implementation of evidence-based services. The deadline for applications is quickly approaching and given your contact with a range of groups using one or more EBP's, we would like to ask for your help in sharing this opportunity with your community colleagues. The deadline for applications is **APRIL 9, 2010**.

Thank you to those of you who have already shared this with others. If we have not contacted you yet, please send the attached announcement/application to your community colleagues who are making good use of EBPS and encourage them to apply for this Award.

Eligibility Criteria

The organization and/or coalition implementing the evidence-based intervention should be able to demonstrate positive outcomes from the intervention in at least one of the five award categories. Both public sector (State, local, territorial, tribal) and private sector organizations and/or coalitions are eligible for a Science and Service Award.

There are **5 categories** that individuals can apply for. These categories are:

1. [Mental Health Promotion](#)
2. [Treatment of Mental Illness and Recovery Support Services](#)
3. [Substance Abuse Prevention](#)
4. [Treatment of Substance Abuse and Recovery Support Services](#)
5. [Co-Occurring Disorders](#)

The link to the awards program is as follows: <http://www.samhsa.gov/scienceandservice/>

Thanks for your help!

Michelle

This video will tell you what you can find at the Child Welfare Gateway. This is a great resource and many of the articles that I put into the newsletter come from here. Be sure to check it out!

<http://www.childwelfare.gov/about/whatisvideo.cfm>

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The White House

Office of the Press Secretary

For Immediate Release
April 01, 2010

Presidential Proclamation -- National Child Abuse Prevention Month

A PROCLAMATION

Our children are our most valuable resource, and they need our support to thrive and grow into healthy, productive adults. During National Child Abuse Prevention Month, we renew our unwavering commitment to protecting children and responding to child abuse, promoting healthy families, and building a brighter future for all Americans.

Every child deserves a nurturing family and a safe environment, free from fear, abuse, and neglect. Tragically, sexual, emotional, and physical abuse threaten too many children every day in communities across our Nation. Parents, guardians, relatives, and neighbors all share a responsibility to prevent these devastating crimes, and our government plays a critical role as well.

My Administration is committed to helping future generations succeed. We are focused on engaging parents in their children's early learning and development, ensuring the safety and well-being of all families, and creating opportunities for all Americans. We are also partnering with Federal, State, and local agencies to better coordinate early childhood services and improve the lives of young children and their families.

Together, we can ensure that every child grows up in a safe, stable, and nurturing environment, free from abuse and neglect. I encourage all Americans to visit: www.ChildWelfare.gov/Preventing to learn what they can do to stop child abuse in their communities.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim April 2010 as National Child Abuse Prevention Month. I call upon all Americans to observe this month with programs and activities that help prevent child abuse and provide for children's physical, emotional, and developmental needs.

IN WITNESS WHEREOF, I have hereunto set my hand this first day of April, in the year of our Lord two thousand ten, and of the Independence of the United States of America the two hundred and thirty-fourth.

BARACK OBAMA

“Something Inside So Strong”- A song about national child abuse prevention month

http://www.youtube.com/watch?v=eSL_noVQex0

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**eliminating racism
empowering women**
ywca



The YWCA New Hampshire cordially invites you to join us as we take a **Stand Against Racism** on Friday, April 30, 2010.

We are calling on organizations, corporations, schools, hospitals, houses of worship, and government agencies in New Hampshire to become Participating Sites of this exciting event. By becoming a Participating Site, you will join your voices to ours and together we can take a bold **Stand Against Racism**.

The goal of the event is to raise awareness that racism still exists in our community and that it can no longer be ignored or tolerated. Our strength is in numbers!

On Friday, April 30, 2010, the YWCA New Hampshire along with over 60 YWCAs throughout the country will be working closely with approximately 1,500 organizations that will cumulatively attract about 200,000 individuals. We hope you will be one of them!

As a Participating Site of the YWCA's **Stand Against Racism**, we ask that you host a "Stand" – either open to the public or just for your group. Being a Participating Site is very simple. We will provide you with all the materials you will need (including a *How to Run the Event Template* that can be customized to meet your needs). There is no cost whatsoever to participate.

We have included a document entitled "About the Event" with more information, and hope we can count on your support, as this movement is far too important.

You can sign up online at www.StandAgainstRacism.org. The deadline to sign up is April 16, 2010. For questions about the YWCA's **Stand Against Racism** event, please contact YWCA New Hampshire (603) 625-5785 or e-mail: info@ywcanh.org.

We seek to bring people together for one common goal – the elimination of racism. Please join us.

Sincerely,

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- Dr. Haim Ginott

Monica L. Zulauf

Executive Director

YWCA New Hampshire

72 Concord Street

Manchester, NH 03101

Want to learn more about how you can make a difference in your community?
Look no further - our annual women's leadership program is back by popular demand!

Join us on Wednesday nights in Manchester for a series of non-partisan workshops for women who are interested in exploring opportunities for running for elected office and gaining critical skills. Not running but want to help someone who is? Want to gain skills for an organization or candidate that you care about? You are more than welcome to attend too!

All workshops are skills-based, non-partisan, and led by local experts and community leaders:

* Wednesday, April 7 - Assessing Leadership Opportunities

* Wednesday, April 14 - Communicating Your Message

* Wednesday, April 21 - Fundraising 101 - It's Not as Scary as it Sounds!

* Wednesday, April 28 - Running Voter Outreach Programs

* Wednesday, May 5 - A Day in the Life of a State Representative

* Wednesday, March 12 - Lessons Learned Campaign Roundtable Click here [<http://www.nhcitizensalliance.org/workshopdescriptions.html>] for a more detailed description of each workshop. You may attend any or all workshops, and there is no cost to attend. Workshops will be held from

6 - 7:30 at the Manchester YWCA, 72 Concord Street. *RSVP is required*, and spots are available on a first-come, first-served basis. Click here [

http://action.prioritiesnh.org/o/5/t/126/questionnaire.jsp?questionnaire_KEY=36] for more information and to sign up online!

FOUNDATION FUNDING OPPORTUNITY

Robert Wood Johnson Foundation - Local Funding Partnerships

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The Robert Wood Johnson Foundation Local Funding Partnerships program seeks to create relationships between the Robert Wood Johnson Foundation and local grant makers to fund promising, original projects that can significantly improve the health of vulnerable populations.

Up to 12 grants between \$200,000 and \$500,000 will be awarded. Organizations must be 501(c)(3) nonprofits in order to apply. Proposed projects must be new, innovative, collaborative, and community-based, however expansions of programs into new regions or populations will also be considered.

Deadline: June 30, 2010

Please contact the Robert Wood Johnson Foundation for more information and to apply for this funding: <http://www.lifp.org/html/apply/annual/programdetails.html>

[The Office of Justice Programs \(OJP\) Announces the Launch of Grants 101](#)

[OJP Grants 101](#) provides an overview of OJP grants and funding opportunities and describes the entire grant process from choosing what type of grant is right for your organization to how a grant is awarded.

Through OJP Grants 101 you will learn—

[How to find grants](#)

[What you need to know before getting started](#)

[The grant life cycle](#)

[Grant writing tips](#)

[The peer review process](#)

[The award process](#)

APPLICATIONS BEING ACCEPTED FOR 2010 NATIONAL FAMILY CAREGIVING AWARDS PROGRAM

March 12, 2010-Bethesda, Maryland-The National Alliance for Caregiving and MetLife Foundation are pleased to announce that applications are being accepted for the 2010 National Family Caregiving Awards Program. The request for applications is available online at http://web.raffa.com/nac/caregiver_awards.

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Now in its fifth and final year, the program is intended to improve the quality of life of family caregivers by recognizing and supporting the important work of community agencies and other organizations that support family caregivers as a significant part of their mission. Each award will carry a cash value of \$20,000 that will be designated for use in the awardee's caregiver program.

The Award Categories:

- **Caregiver Education Awards:** Three awards will be given in the category of caregiver education. These awards will go to organizations that have developed exemplary training programs to educate caregivers on topics such as: assisting with activities of daily living, financial planning, time management, and caring for older adults with dementia.
- **Caregiver Support Awards:** Four awards will be given in the category of caregiver support. These awards will go to organizations that provide family caregiver support programs such as respite, counseling, or corporate eldercare in a truly innovative way.
- **Older Caregivers Caring for Adult Children with Disabilities:** Two awards will be given to non-profit organizations that have established an innovative and effective program to meet the needs of older persons caring for their adult children with disabilities. Potential programs could include counseling to plan for the future needs after the parent dies or innovative support programs to address the immediate needs of the older caregiver.

In addition, two special recognition awards will also be presented, to award recipients that have already met the other criteria in the award category in which they have applied. One is the **Alzheimer's Recognition Award**, which will be given to one of the above award recipients that innovatively support family caregivers of those with Alzheimer's disease. The other is a **Cultural Diversity Recognition Award**, which will be given to one of the above award recipients that innovatively support family caregivers of diverse older adults.

The awards will be presented at a luncheon ceremony held at the National Association of Area Agencies on Aging (n4a) 35th Annual Conference and Tradeshow, which will take place in St. Louis, Missouri on July 20. Travel and hotel costs for an awardee representative to attend this event will be paid for by the National Family Caregiving Awards program.

The deadline for applications is May 7, 2010. For additional information, contact Kathleen Cameron at kathleen56@caregiving.org.

MetLife Foundation was established in 1976 by MetLife to carry on its long-standing tradition of corporate contributions and community involvement. The Foundation has been involved in a variety of aging-related initiatives

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addressing issues of caregiving, intergenerational activities, mental fitness, health and wellness programs and civic involvement. More information about the Foundation is available at www.metlife.org.

Established in 1996, **The National Alliance for Caregiving** is a non-profit coalition of national organizations focusing on issues of family caregiving. Alliance members include grassroots organizations, professional associations, service organizations, disease-specific organizations, a government agency, and corporations. The Alliance was created to conduct research, do policy analysis, develop national programs and increase public awareness of family caregiving issues. Recognizing that family caregivers provide important societal and financial contributions toward maintaining the well-being of those they care for, the Alliance's mission is to be the objective national resource on family caregiving with the goal of improving the quality of life for families and care recipients. To learn more about the National Alliance for Caregiving, visit www.caregiving.org.

Dear FRC Partners,

We regret to inform you that Joanna Baqqi, Reference Librarian at FRC since 2007, passed away on Sunday, April 4, from injuries sustained after being struck by a pickup truck on Saturday afternoon in Manchester.

Joanna is survived by two adult children, Matthew Hoyt who lives in Colorado, and Laura Hoyt who lives in Philadelphia.

Melissa and I, along with the staff of the NH State Library, share our condolences with Joanna's family and friends during this tragic time.

At this time, we do not have any information about services, but we will let you know when we get word of arrangements. Feel free to pass this information along to other FRC cohorts.

Sincerely,

Nancy

Melissa

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- *Dr. Haim Ginott*

Nancy K. Cristiano

Melissa Kelly

Coordinator

Program Assistant

Family Resource Connection

Family Resource Connection

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New Hampshire State Library

New Hampshire State Library

20 Park Street

20 Park Street

Concord, NH 03301

Concord, NH 03301

NH 1-800-298-4321

NH 1-800-298-4321

V: (603) 271-7931

V: (603) 271-7931

F: (603) 271-2205

F: (603) 271-2205

E: nancy.cristiano@dcr.nh.gov

E: melissa.kelly@dcr.nh.gov

W: www.nh.gov/nhsl/frc

W: www.nh.gov/nhsl/frc

CDC Hosts Parent Portal for Healthy, Safe Children

The Centers for Disease Control and Prevention (CDC) has launched Parent Portal, an encyclopedic website with links to information from all areas of CDC. "The portal is a source for credible, accurate information in helping parents raise healthy kids and provide a safe home and community," according to the CDC.

Some of the many sections hold information about pregnancy, children's topics by age range, and issues of concern to parents arranged in alphabetical order. The widely varied topics include autism signs, body piercing, lice, school violence, and travel vaccinations.

Another section has information on topics targeted to health-care professionals and researchers, including subjects such as child abuse prevention, a brain injury toolkit for physicians, a parent training guide, and information on the effects of childhood stress.

Quick links go to developmental milestones and safety in the home, among other subjects. Other resources list product recalls, market withdrawals, and safety alerts.

Users can subscribe to receive email updates and RSS feeds. Podcasts are also accessible. Visit the portal on the CDC site:

www.cdc.gov/parents

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Check out this link for the Annual DCYF Conference:

http://www.iod.unh.edu/pdf/DCYF_Conf2010_Brochure.pdf17th
